Count: 32
Wall: 4
Level: Easy Intermediate
Choreographer: Jo Thompson Szymanski (USA) \& Irene Zant - June 2020
Music: Secrets - Nathan Trent \& J-MOX : (3:11)

## Quick Intro! - Start right away on the first beat you hear

[1-8] ROCK, RECOVER, BACK/DRAG, BALL, WALK, WALK, $1 / 4$ TURN L, HITCH/C-BUMP
1-4 Rock $R$ forward (1); Recover on $L$ (2); Large step back with $R$ allowing $L$ toe or heel to drag (3-4)
\&5-6 Step L beside $R(\&)$; Step $R$ forward (5); Step $L$ forward (6)
7\&8 Turn 1/4 left hitching R knee bumping R hip up to right (7); Step R toe to right returning hips to center (\&); Lower $R$ heel shifting weight to $R$ bumping $R$ hip down into a sit position (8) (9:00)
[9-16] 1/4 TURN L, WALK, WALK, POINT L \& R, SWIVEL R, $1 / 2$ TURN L, SIDE/DRAG, TOGETHER
1-2 Turn $1 / 4$ left stepping $L$ forward (1); Step $R$ forward (2) (6:00)
3\&4 Point $L$ to left (3); Step L beside R (\&); Point R to right (4)
5-6 Rotating upper body slightly right, shift weight to $R$ (5); Turn 1/4 left stepping L forward (6) (3:00)
7-8 $\quad$ Turn $1 / 4$ left taking big step $R$ to right (7); Step $L$ beside $R(8)$ (12:00)
[17-24] FORWARD PRESS/BODY ROLL, RECOVER, BACK PONY, BACKIKNEE POP X 2, SAILOR STEP
1-2 Press ball of $R$ forward doing a body roll from upper body down (1); Recover on $L$ (2)
3\&4 Step R back (3); Step ball of $L$ together pushing up ball of foot (\&); Step $R$ back (4)
$5 \quad$ Step $L$ back popping $R$ knee with ball of $R$ on floor
$6 \quad$ Step $R$ back popping $L$ knee with ball of $L$ on floor
7\&8 Step L behind $R(7)$; Step $R$ to right (\&); Step L to left allowing body to angle slightly left (8)
[25-32] BOTA FOGO X 2, JAZZ BOX WITH $1 / 4$ TURN R
$1 \& 2 \quad$ Cross $R$ over $L$ (1); Step ball of $L$ to left; (\&); Step $R$ to right (2)
$3 \& 4 \quad$ Cross $L$ over $R(3)$; Step ball of $R$ to right; ( $\&$ ); Step $L$ to left (4)
Note: Bota Fogos can be danced 1 a2, 3 a4.
5-8 Cross R over L (5); Step L back (6); Turn 1/4 right stepping R to right (7); Step L forward (8) (3:00)

## BEGIN AGAIN! ENJOY!

Tag: After the 10th repetition of the dance, you will be facing 6:00. Repeat the last 4 counts of the dance (the jazz box 1/4 turn) to end facing 9:00 and then do the last repetition of the dance to finish facing 12:00 at the end of the song.

